

Regular Activities of NSS Unit NSS at Glance 2019-20

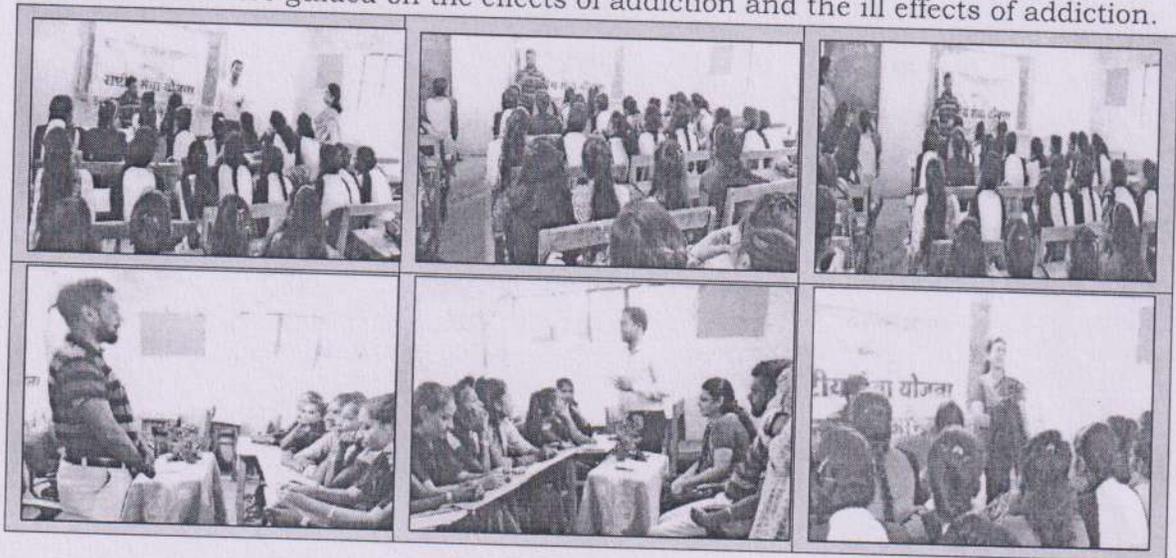
1) The 5th International Yoga Day

The 5th International Yoga Day has been celebrated on 21st June 2019. Awareness rally was held from the college and Yoga demonstration and guidance camp was organized. Yoga Guru Batghare(Patanjali Yoga Instructor) who was guided and demonstrated yoga to the students and staff, focused on the importance of Yoga Day and the benefits of yoga. Program presided over by Honble.Principal Dr. Anil D. Shinde.



2) Programs on de-addiction

A de-addiction program was conducted on behalf of the NSS unit. The program was presided over by Hon. Principal Dr. Anil Shinde. Prof. Labhe sir was present. In the presidential address, the principal said that in today's age of science and technology, one should follow the path of acquiring good knowledge without going to any addiction. Prof. Labhe sir said that the students were guided on the effects of addiction and the ill effects of addiction.



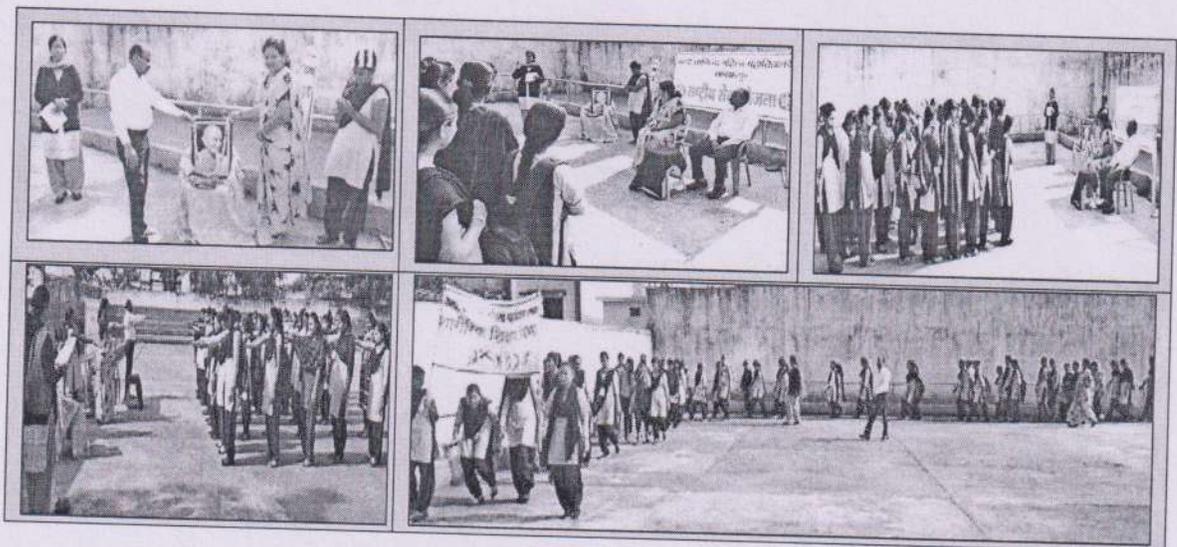
3) Tree Planting and Tree Conservation Program

Tree planting and tree conservation program was organized by NSS unit in the college. The event was organized under the state government's two crore tree planting program. On the occasion Hon'ble. Principal Dr. Anil Shinde said it is the duty of every human being to curb the pollution caused by increasing industrialization and increasing urbanization. 25 trees were planted in and around the college grounds and bamboo fences were planted to protect trees.



4) Organizing the Healthy India Program (Fit India)

The event was organized on 29th August 2019 by NSS unit. The campaign was launched on the occasion of the birthday of India's famous hockey player Major Dhyan Chand. The Prime Minister of India Narendra Modi has challenged all of us to make some changes in our lifestyle, such as daily exercise, yoga, good diet, keeping our mind happy and avoiding addictive diets so that we can stay away from many ailments.



5) Students' blood group and hemoglobin testing camp

Blood group and hemoglobin testing camp was conducted. Purpose of program every student known about own blood group hemoglobin percentage. Dr. Prakash Tohogaonkar and Dr. Sonali Tohogaonkar (Pathology Laboratory) Balaji Ward, Ballarpur were invited. Dr. Sonali Tohogaonkar gave guidance to the girls students how to take care of them during hormonal changes and also gave detailed information to the students about the effect of low hemoglobin on the body.



6) Women's Health and Awareness program on NSS Day

NSS unit organised women health and awareness program organised on the occasion of NSS Day. Chief speaker Prof. Vasanti Khadilakar guided on women's health issues and Dr. Kewat told the students to adopt a scientific approach and pay attention to their body from a scientific point of view.

7) Celebration of Mahatma Gandhi and Lal Bahadur Shastri Birth Anniversary

The birth anniversaries of Father of the Nation Mahatma Gandhi and Lal Bahadur Shastri were celebrated on 2nd October 2019. The Principal of the College Hon'ble Dr. Anil Shinde presided over the program.



8) Constitution Day Program

Constitution Day was celebrated on 26th November 2019 today. The chief guest on this occasion was Dr. Ghyar, Head History Department and Dr. Suhas Shivankar was present. The program was inaugurated by laying a wreath at the statue of Bharat Ratna Dr. Babasaheb Ambedkar.



9) De-addiction oath program

The program was organized and sworn in with the aim of keeping the college students away from addiction. The program was chaired by Hon'ble Dr. Kewat and chief guest Dr. Kayarkar Head Department of Economics was present.

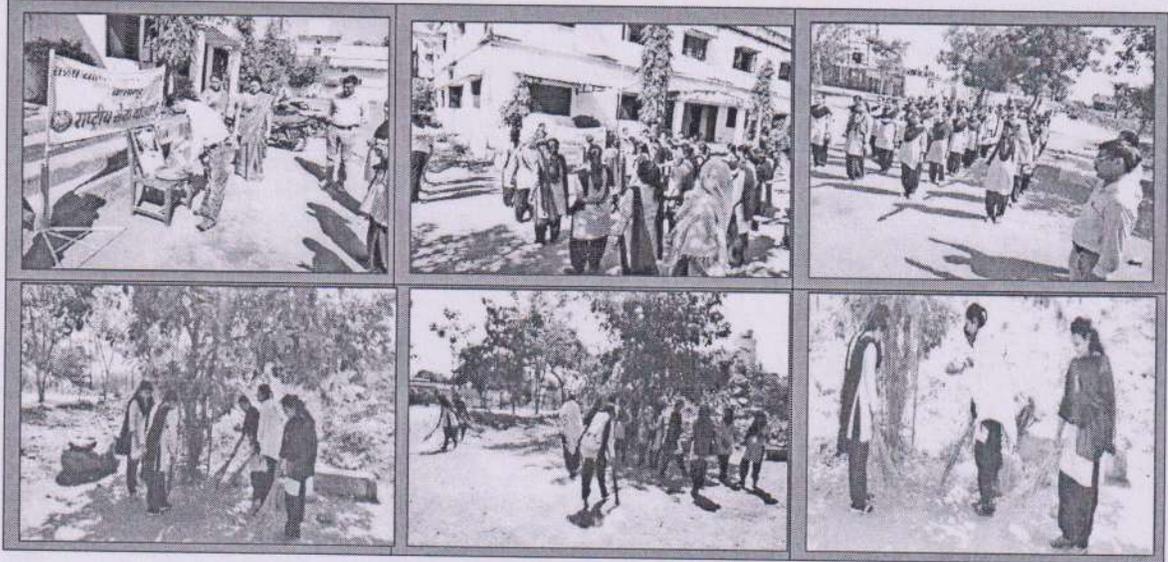


10) Hutatma Adaranjali Din

The event began with a two-minute silence to pay homage to the martyrs who laid down their lives for the freedom of the country and laying wreaths on the statue of Father of the Nation Mahatma Gandhi. The event was presided over by Dr. Kewat was present and Dr. Pramod Ghayar guided briefly the significance of Martyrs' Day and paid homage to all the martyrs.

11) Swachala Abhiyan in College Campus

On 27/2/2020 a cleanliness drive was carried out in the college premises on behalf of the NSS unit. On this occasion, all the classrooms, verandas, Ground and Office premises of the college were cleaned by the volunteers. The event was presided over by Dr. Pramod Balsaraf (Librarian) who helped students to realize importance of cleanliness.



12) Organizing Marathi Language Pride Day (Marathi Gavary Din)

On the occasion of Kusumagraj's birthday, Marathi Language Pride Day was celebrated in the college by the NSS. The program was presided over by the principal of the college, Hon'ble Dr. Sir Anil Shinde was present and in his presidential address he gave valuable guidance on the importance of Marathi language and how to give priority to Marathi language.



13) Celebration of International Women's Day

NSS unit and Jesus Club Ballarpur jointly organized celebration of international woman's day. The event was first started with rally; the rally was inaugurated by the Honble. Principal Dr. Anil Shinde and all staff and college students and NSS volunteers were present.



14) Covid -19 Awareness program.

The program was organized by the NSS unit to create awareness among the students about the global corona infection. Renowned Dr. Ruma Takkar, (Vasalya Clinic), Ballarpur was present as guide on the occasion. Dr. Ruma enlightened the students on this global epidemic through his guidance and information about the severity of the disease, its symptoms and preventive measures against the disease. As a precaution against this disease, we should all use mask, follow social distances, wash our hands frequently, keep our surroundings clean, and consult a doctor if any of the primary symptoms are found and free distribution of masks to students.

